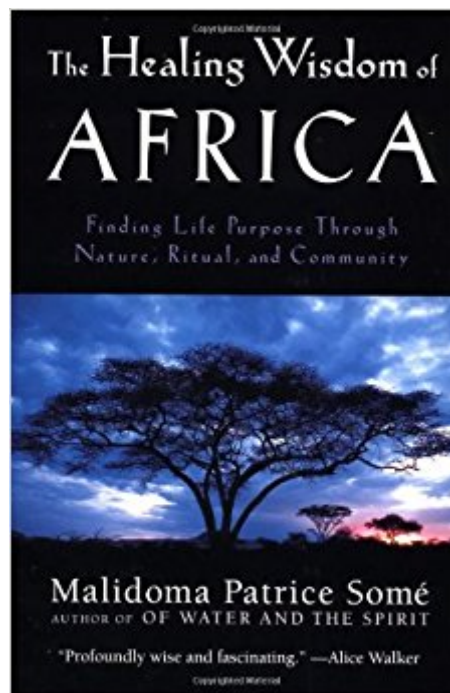




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The Healing Wisdom Of Africa: Finding Life Purpose Through Nature, Ritual, And Community



Synopsis

Through *The Healing Wisdom of Africa*, readers can come to understand that the life of indigenous and traditional people is a paradigm for an intimate relationship with the natural world that both surrounds us and is within us. The book is the most complete study of the role ritual plays in the lives of African people--and the role it can play for seekers in the West.

Book Information

Paperback: 352 pages

Publisher: TarcherPerigee; Reprint edition (September 13, 1999)

Language: English

ISBN-10: 087477991X

ISBN-13: 978-0874779912

Product Dimensions: 6 x 1 x 9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 46 customer reviews

Best Sellers Rank: #33,133 in Books (See Top 100 in Books) #7 in *Books > History > World > Religious > Ethnic & Tribal* #13 in *Books > Religion & Spirituality > New Age & Spirituality > Shamanism* #20 in *Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Tribal & Ethnic*

Customer Reviews

Malidoma Patrice Somfô, born in Upper Volta (now Burkina Faso) West Africa, is initiated in the ancestral traditions of his tribe, and is a medicine man and diviner in the Dagra culture. He holds three master's degrees and two doctorates from Sorbonne and Brandeis University, and has taught at the University of Michigan. He currently devotes himself to speaking and, with his wife, Sobonfu, conducting intensive workshops throughout the United States.

This is one of the best books on spiritual concepts I have ever read. Malidoma presents the ideas so lucidly and with so much understanding, that one can grasp the profundity of the concept in its broadest sense, far beyond African or traditional or tribal beliefs. If you are a student of metaphysics, humanity, spirituality and all that lies inside, get this book. It is a tour de force.

Very good read for all students and practitioners of shamanism

This book is a bit of a slow read. Very laborious.

A fascinating look at real wisdom that can help our technological, busy lifestyles. With one foot in the modern world and another in ancient healing traditions, Dr. Some blows the lid off all of our assumptions about consciousness, about health, about those places from where real healing comes.

very well written no dogma

This book is a helpful guide through experiences that white Americans seldom see. Rich with detail and magic, this is a window into possible better ways of relating to others and the world around us.

If you ever want to explore the African way of living, before the "Machine," Malidoma Some' explains it very well. I've read all of his books and discovered it was a similar journey to what I have read about the Native American Indians - Getting back to the Original Source is the key to Well-Healing!

This is the first book I have read by this author, and I really enjoyed the feeling of being among the Dagara tribe and feeling the love and true community that these people share. I felt a constant stream of love from Some to his readers through the entire book. I could just tell that if he could help heal every human on earth, he would. I got a great sense of perspective about how much a sense of community is missing from our American culture and how much better off we could all be if we came together and recognized each person's gifts, instead of everyone living so privately the way we do. The book gave me a lot of ideas to try with my family and group of friends, and I hope I am able to put some rituals into practice. I am grateful that this book was recommended to me, I hope the energy of this book stays with me my whole life and helps me radiate the kind of compassion that the author has shared.

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